



The ALS Association Greater New York Chapter

Monthly Update

Serving Greater New York and Northern and Central New Jersey
 42 Broadway, Suite 1724, New York, NY 10004, 212-619-1400 f: 212-619-7409 www.als-ny.org

March Support Groups

SUFFOLK COUNTY, NY

March 2, 2010 6:00-8:00 PM
 (1st Tuesday of every month)
 Stony Brook University, Dept. of Neurology
 179 North Belle Meade Rd, E. Setauket
 (631) 444-1970
Topic: Open Discussion.
 Facilitator: Theresa Imperato, RN - (631) 444-4623

NASSAU COUNTY, NY

March 7, 2010 2:00-4:00 PM
 (1st Sunday of every month)
 North Shore's Central General Hospital
 888 Old Country Road, Plainview
 Downstairs Meeting Room; (516) 719-3000
Topic: Open Discussion.
 Facilitators: Theresa Imperato, RN - (631) 444-4623
 Jody Wiesel, PhD - (917) 699-9751

MANHATTAN, NY

March 16, 2010 6:00-8:00 PM
 (3rd Tuesday of every month)
 Phillips Ambulatory Care Center (Beth Israel)
 10 Union Square East (Bet. 14th & 15th St.)
 2nd Floor, Conference Room #1
Topic: Open Discussion.
 Facilitator: Jody Wiesel, PhD - (917) 699-9751

NEW BRUNSWICK, NJ

March 20, 2010 1:00-3:00 PM
 (3rd Saturday of every month)
 Robert Wood Johnson University Hospital
 Medical Education Building, Rm 108A
 180 Somerset Street, Follow signs to meeting.
Topic: Open Discussion.
 Facilitators: Debbie Schlossberg, LMSW
 (732) 710-8832
 Mary Ann Mertz, RN

For more information about our Support Groups go to the Patient Services section at: www.als-ny.org or call 212-619-1400.

TAX EXEMPTIONS FOR VETERANS



Veterans with 100% service-connected disability are eligible for real estate tax exemptions. Bring your letter from the VA stating your 100% Disability rating to your local municipality for this benefit.

Please note there is some variability from municipality to municipality, but in most cases eligibility is for life and for the life of a surviving spouse/homeowner. In addition, please note that any home modifications or out-of-pocket medical expenses are counted for deductions under medical expenses.

For more info, call the chapter or in NY, Brenda Rivera at 212-807-3114, in NJ, Thomas Ricks at 973-297-5228.

The ALS Association's National ALS Advocacy Day & Public Policy Conference. WASHINGTON, DC - MAY 9-11, 2010

The ALS Association invites you to join us as we host the 2010 National ALS Advocacy Day and Public Policy Conference in Washington DC, May 9 - 11, 2010.

This powerful event has helped us to realize significant victories for people with ALS, from eliminating the 24-month Medicare waiting period to more than tripling funding for ALS research. But more must be done!

To attend the 2010 national ALS Advocacy Day & Public Policy Conference, please register online at www.alsa.org/policy/alsday.cfm or call the Advocacy Department at (212) 619-1400.

In order to receive reduced registration rates, please register no later than April 9, 2010.

CALENDAR of EVENTS

02/26/10 - 4th Annual Big Ed Benefit in memory of Ed Flanagan
 \$60 Per Person. Open Bar at Metro 53, 307 E. 53rd Street, NYC, 5:30 PM to 9:00 PM. Contact: Colin Flanagan at 917-868-5060,



The NY Chapter has a Lending Library available to all PALS.
 We have DVDs of movies & TV shows and books on CD or audio tape to lend.
 Please contact Christine Dunn at the Chapter office or e/mail dunn@als-ny.org.





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2010 Walk to Defeat ALS

SAVE THE DATES!

New Jersey Kick-Off

The Yogi Berra Museum and Learning Center
Thursday, March 11 at 6:30 pm

New York City and Westchester Kick-Off

Wednesday, March 24 at 6:30 pm
Contact us for more information

Long Island Kick-Off

Westbury Manor
Wednesday, July 11 at 6:30 pm

RSVP by phone: 800-672-8857 or email: walk@als-ny.org

Woodbridge Walk- Sunday, May 2

New York City Walk - Saturday, May 15

Long Branch Walk - Sunday, May 23

Saddle Brook Walk - Sunday, June 6

Westchester Walk - Sunday, June 13

Long Island Walk - Sunday, Sept. 26

For more information go to: www.alswalks.org.
We look forward to achieving greatness together this season.
Please contact us with any questions you may have!

Allison Lardner, Walk Manager,
alardner@als-ny.org, 212.720.3042

CALLING ALL VOLUNTEERS

Volunteers are critical to The ALS Association Greater New York Chapter's success. We've always relied on volunteer support to keep our office running efficiently and to pitch in for all of our special events.

The Patient Services department is now launching an expanded Volunteer Home Visit Program which will pair volunteers with PALS (people with ALS), many of whom need help with daily tasks, or with a family member or caregiver, many of whom need assistance to lighten their work load. There are many ways to help from watching a video together to reading aloud, helping with correspondence, painting, repairs, yard work, even dog walking!

We will match volunteers based on proximity, interests of volunteers, and needs of the family. It could be a one-time experience or an on-going relationship and our Patient Services staff will help you every step of the way.

So if you are looking for a way to get involved we would love to meet with you for an interview and to discuss your interests. If you are interested in a New York assignment please contact Ms. Kayvan Freeman at freeman@als-ny.org or call 212-720-3055 to schedule an appointment. For New Jersey assignments please contact Ms. Debbie Schlossberg at schlossberg@als-ny.org or call 732-710-8832.